LIVE LIKE A LOCAL

THE ULTIMATE TRAVELING GUIDE AROUND ON-NUT
Shopping and eating are two most enjoyable pastimes the world over, and some of Bangkok’s biggest draw cards. If you want to live like a local, you’ve come to the right place.

Located close to the Phra Khanong BTS skytrain station, this community mall is where students nurse their cafffeinated beverage of choice in the café and co-working space, the artistically-inclined browse the gallery and outdoor sculptures, and residents pick up their groceries at the supermarket on way back from work. It’s also where everyone converges for day-end drinks and dinner. Go for the shop-and-eat combo: work up an appetite by browsing the nightly W Market before tucking into some local or international flavours at the outdoor food court.
Even if you’re not spiritual or religious by nature, a visit to a Thai temple (“wat’ in Thai) offers a glimpse into the local way of life.

It may not be The Temple of the Dawn, but Wat Bang Na Nok is certainly a great initiation to a classic Thai Buddhist monastery where you can admire traditional architecture and ornate religious iconography – just don’t forget to dress appropriately. The temple gets double points for a pond teeming with catfish (remember to stop and feed the ever-hungry whiskered fish), plus its location next to the pier. You can rent a bicycle from the opposite bank of the river to explore Bang Nam Phueng, home to a floating market, local restaurants, and slightly further afield, Bang Kra Jao, the ‘Green Lungs of Bangkok’.

GETTING THERE
10-MINUTE MOTORBIKE TAXI FROM BANG NA BTS STATION OR 30 MINUTE WALK TO THE RIVER.
Ghost stories thrive in Thailand, but none is more legendary than the tale of ‘Mae Nak’. In the 19th century, Mae Nak died during childbirth while her husband, Mak, was away on military duty. She was so attached to her beloved that her spirit manifested in human form and she cast a spell over her husband once he returned so he didn’t realise his bride was really dead. Mae Nak couldn’t hide her secret forever though and once Nak found out the truth, he fled to the village temple, Wat Mahabut, and was protected by the monks. Today the temple still stands complete with a shrine to Mae Nak where Thai people lock to make merit and pray for good luck.

While some of Thailand’s temples are best known for their architecture and serene atmosphere, Wat Mahabut in the On Nut neighbourhood gets its street cred from one very famous spirit.
If you want to live like a movie star in Bangkok then while away your days at EmQuartier and Emporium. If you want to live like a local, head to Tesco Lotus. Electrical converters, souvenirs, household goods, and snacks galore ... if you can think of it, the hypermarket will carry it – and then some. Located directly off the On Nut BTS skytrain station, this complex is also home to banks, fast food joints, and mobile phone outlets, making it a one-stop shop for all your errands and daily shopping needs.

Come for the everything-under-the-sun convenience, but stay 'til the sun goes down to browse the outdoor market every evening and follow the lines of locals to try the most tempting street food.
ATTACHAI MUAY THAI GYM

900 SOI ON NUT 36, SUAN LUANG, BANGKOK 10250

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ATTACHAIMUAYTHAI.COM

A glowing tan, a stash of handicraft souvenirs, and endless wish-you-were-here photos to flaunt for weeks back home – why not add Muay Thai boxing to the list of what you have to show for your visit to Thailand?

Run by Attachai Fairtex (Por Somranchai), known in Thai boxing circles as the “Left hand from God”, this gym offers different training options ranging from day and week passes, to month-long training or private lessons to learn the techniques of the “Art of the Eight Limbs.”

And of course, Muay Thai training videos and photos make for great Instagram posts.

GETTING THERE

TAKE THE BTS TO ON NUT STATION AND GRAB A MOTORBIKE OR CAB TO SOI ON NUT 36. IT IS RIGHT AT THE END OF THE SOI WITH A HUGE SIGNAGE, TURN RIGHT INTO A SMALL OFF ROAD TRACK AND IT IS LOCATED 200M ON THE LEFT.
Case in point: a community mall tucked between On Nut Soi 37 and Soi 39, styled after, yes you guessed it, an old English town. Look beyond the kitschy architecture and there are 50 interesting shopping outlets and restaurants to explore. Of course, in true London style, a weekend shopping market springs up every Friday to Sunday that will have you parting with your baht as fast as you can say “Portobello”.

On Nut is to Piccadilly Circus what som tam ‘n’ sticky rice is to fish ‘n’ chips, but a fascination with faux European ‘villages’ is actually a Thai character trait.
Thais love their barbecue buffets (really, who doesn’t?), but good beef is not always the easiest to find. While the “best” in its name is debatable, there’s no question that Best Beef near On Nut BTS offers great cuts of meat.

And it’s not only prime cuts of beef here – this local favourite serves up ribs, chicken, pork, seafood, and a few veggies for good measure. You’ve got two hours to feast to your stomach’s content, so it’s ready, set, chow down!

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The Watery Farm

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Bangkok, Thailand

+66 81 400 2238

www.facebook.com/The-Wtery-Farm-184681581876778/

The city may be an urban jungle, but you don’t have to look far for patches of green

Drop by this hydroponic farm and have your pick from rocket to crisp lettuce a plenty – think red coral, butterhead, cos and iceberg – a taste of fresh Bangkok sunshine
**TRENDY CAFES**

As On Nut grows and develops into one of Bangkok’s hippest urban locations, new businesses are constantly popping up to meet the needs and desires of smart residents and street savvy visitors.

A wander through the area quickly reveals a choice of designer cafes and independent eateries – all well worth dropping into for a drink or snack.

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**7-11**

Try as you may, you can’t hide from these fluorescent-lit bastions of convenience, standing proudly on many a corner across the country.

When you need to replace your entire toiletries bag forgotten at home, or have munchies in the middle of the night (thanks jetlag!), let the orange and green stripes guide you to your go-to convenience store 24 hours a day.

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**FOOD VENDORS AROUND ON NUT STREETS**

Street Eats are a true Thai passion and On Nut is one of the capital’s top location for a roadside feast.

From fresh fruit and veggies to steaming bowls of noodle soup and sweet treats – it’s all at the tip of your tongue to be enjoyed on the spot or served in plastic bags as a take-home temptation.